ADDICTION TRANSFER
The Domino Effect

One of the leading causes of drug and alcohol addiction is unresolved trauma. Recent studies have found that 50 and as much as 96% of treatment-seeking substance abusers reported experiencing some major traumatic event in their lifetime.

Unresolved trauma creates an Addiction Domino Effect. One falls to trauma and then left unresolved - falls to addiction.

**FOOD ADDICTION**
Many report that eating was the only time they were happy because food never hurt them.

**HEROIN ADDICTION**
Heroin is described as feeling like a warm blanket. A warm blanket that slows your heart and will kill you if you overdose.

**ALCOHOL ADDICTION**
Highly addictive, alcohol deadens anxiety and muffles emotional pain. It also poisons the liver and causes DUIs.

**PAIN KILLER ADDICTION**
Trauma symptoms are numbed easily by highly addictive pain “killers” that actually cause intense pain to detox.

**GAMBLING ADDICTION**
The win brings a rush of endorphins that gamblers become obsessed with repeating - and going into debt.

**SEX ADDICTION**
Sex can produce the same chemical “high” as drugs or alcohol and becomes the fixation despite the physical risk.

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Pain is inevitable. Suffering is optional
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